

# **Self-Determination**You have the right to:

- Be offered choices and allowed to participate in decisions important to you
- Expect a reasonable accommodation of your needs and preferences
- Participate in the planning of your care and services, and to receive care and services in a way that respects your personal and cultural wishes
- Request, discontinue or decline care and treatment
- · Choose your health care provider
- Independently choose a representative to make your health care and financial decisions should you become incapacitated or unable to do so
- Be kept informed of your medical and financial conditions, if you choose to let someone else manage them for you
- Be included in all decisions, even if you:
  - · Are under guardianship
  - Are under an activated advance directive



Based on Your Rights
to Dignity and
Self-Determination,
These Assurances
Promote Your
Independence and
Choices Regarding Your
Quality of Life.





#### Wisconsin Board on Aging and Long Term Care

1402 Pankratz St., Suite 111 Madison, WI 53704-4001

1-800-815-0015

longtermcare.wi.gov boaltc@wisconsin.gov



## **You Have Rights**

As a resident or tenant of a licensed or certified Wisconsin long term care facility, you have rights guaranteed to you by state and federal laws.

Long Term Care
Ombudsman Program

1-800-815-0015

The Board on Aging and Long Term Care Ombudsman Program serves persons aged 60 and over.

## **Dignity**

#### You have the right to:

- Be treated as an individual, with consideration, respect and dignity
- Exercise your rights without coercion, interference or retaliation
- Be free from all forms of abuse, including psychological and verbal
- · Be free from humiliation, harassment or threats
- Be free from chemical and physical restraints
- The quality of life of your choice

## **Privacy**

#### You have the right to:

- Privacy during care of your personal needs and treatments, including freedom from being photographed or taped without your permission
- Confidential protection of your financial, personal and medical information
- Private and unrestricted visits and communications with any person of your choice
- Send and receive mail or messages without interference
- Speak privately with an ombudsman or other advocate about your concerns

#### **Grievances**

#### You have the right to:

- Voice grievances without discrimination or retaliation
- Expect the facility to promptly investigate and try to resolve your concerns, and to provide

- information back to you about your complaint
- Contact the Ombudsman or any advocacy agency for any reason, and without having to go through facility-based channels first
- File a complaint with the state survey agency or any other regulatory body

#### **Access**

#### You have the right to:

- Quality care provided by appropriately trained caregivers
- Receive or refuse visitors of your choosing, at any time
- Participate in social, religious and community activities inside and outside the facility
- Keep and use your personal possessions and to have belongings handled with respect
- Organize and participate in a Resident/Tenant Council, and for your family to organize and participate in a Family Council, with your permission
- Vote
- Look at your records and receive copies at a reasonable cost
- Have access to any personal funds held for you by the facility or by a person designated by you
- Read the results of the most recent State or Federal survey and the facility's plan to correct any violations
- Contact and speak privately with your ombudsman, the state survey agency, your attorney, any state or local government official, or any advocate or agency of your choosing

#### **Notification**

#### You have the right to:

- Be informed, both orally and in writing, and in a manner that you understand, of your rights and the facility's rules before admission and during your stay
- Be informed of the services available and any related charges, and advance notice of changes in services and charges
- Be informed of and recieve assistance in accessing the full range of available government benefits
- Be informed in advance about available care and treatment options, including all benefits and risks to choosing or declining options
- Receive notice in advance of any plans to change your room or roommate, and the opportunity to participate in choosing a new room or roommate

### **Transfer or Discharge**

#### You have the right to:

- Remain in the facility unless there is a valid, legal reason for your transfer or discharge
- Receive in advance a discharge notice and discharge planning according to the licensing requirements of the facility
- Receive information about your right to appeal any transfer or discharge, including contact information for the Long Term Care Ombudsman
- Not be discharged while an appeal is pending
- Participate in planning and receive assistance to assure a safe transfer
- A written notice of your bed hold rights if your transfer is temporary, such as for hospitalization or therapeutic leave